

Sweetwater High CPA Academies Newsletter

November 2015
Volume 1, Issue 1

Maribel Gavin – Sweetwater High Principal
Jessica Sphar & Bill Fajardo – Sweetwater High CPS Coordinators



Principal's News

It is with great enthusiasm that I welcome you to the Sweetwater High School Academies. Our program is one of the greatest in the district and the knowledge and the skills students will acquire throughout their years in the program will prepare them to be college and career ready.

In my nineteen years in the district, I have been fortunate enough to witness many outstanding programs throughout our different schools, but our Academies truly have all the components of an exceptional program. Teachers are well-prepared to instruct students and teach them the necessary skills they will need to be successful in college and in the career they may choose. Teachers attend workshops and conferences to make their teaching practices exceptional. The program also offers students the hands-on experiences they may not get anywhere else. The combination of instruction students receive on a daily basis plus the skills they are learning make them extremely marketable for whatever profession they may pursue.

I would like to thank you for your support of our programs and hope you will continue to extend your assistance when needed. As a graduate of Sweetwater High School, I am proud to be part of our Academies and will always do what I can to help a program grow.

NOMAR Conference

A group of Hispanic leaders decided there was a need for a group to address the issues of employment and civil rights for Hispanic Americans. The need became **NOMAR** (National Organization for Mexican American Rights) and their mission is to find solutions to problems students may face while obtaining employment and education.

On September 1, Ms. Diaz, Ms. Sphar and fifty Academy students attended the NOMAR conference. Elizabeth Menses, one of our

very own SUHI students, was awarded a \$250 NOMAR scholarship at the conference.

Upcoming Events

- ◆ College Road Trip-Feb. 6
- ◆ Advisory Meeting
April 13, 2016
- ◆ Community College Orientations
- ◆ Project Based Learning (PBL) Public Service Announcements
- ◆ Urban Refuse
- ◆ Welding trip to UTI for hands-on training.
- ◆ Welding Academy multiple guest speakers

Round Table Recognition

Sweetwater High School would like to recognize and thank our industry partners:

- *Paradise Valley Hospital
- *Scripps Mercy Hospital
- *National City Fire
- *Southwestern College
- *Miramar College
- *HASP1

If you would like to participate or be a guest speaker please contact Jessica.sphar@sweetwaterschools.org or visit our website at suhiacads.weebly.com

Padre Night

Every year Ms. Natalia Diaz continues a special tradition with her students that began when she was fifteen.

On October 22, 2015 students fundraised at Petco Park by selling tickets for a raffle. Lucky winners of the sixteenth annual Shirts Off Their Back Ceremony became the proud owners of a jersey signed and worn by one of the players.

Iris Sanchez, a student volunteer stated, “[It] was an amazing



experience. I feel good about being able to raise money for a good cause and help the community at the same time. I recommend this event to everyone looking to have a great time and do community service.”

Ms. Diaz added, “The Padres have

established a position of leadership in the San Diego community for their efforts of support to local organizations and charities. I am fortunate to have participated as a volunteer for several years in the annual Shirts Off their Backs Program. Now, I am extremely fortunate to have the opportunity to involve the Academy students in these volunteer efforts, which enhances the lives of both our community and my students.”

Round Table Industry Partner Event

Sometimes students know they want a profession in the medical field and then they realize the vast amount of choices available.

That is why the Academies created a partner event with professionals from the medical field (nurses,

doctors, dentists) taking time to share their profession with the students. In fifteen-minute sessions, small rotating groups (8-10) of students are able to learn the basics of a profession, understand the educational path needed and ask burning questions.

The event took place on October 21, 2015 with great success.

Students now have a bit more clarity on their career path.



Academy BBQ

The Academy BBQ on October 25, 2015 was hot in more ways than one!



Academy speakers shared important information with families in the theatre. It was immediately followed by a BBQ enjoyed outside in the lunch area. Mr. Diaz and

Mr. Sphar wielded their flaming spatulas to produce crispy hamburgers and hotdogs and Ms. Sphar, Ms. Cruz, Ms. E. Diaz, Ms. N. Diaz, Mr. Fajardo and Ms. Schreier were also in attendance to serve buns, cookies and drinks.

Families and students mingled on the grass and a raffle was held. A few lucky winners took home Starbucks gift cards and Padre tickets. It was a great way to begin the year!

Welding / Engineering

The Welding/Engineering Academy is a fabrication or sculptural process. Students learn the fundamentals of how to join

materials, causing fusion, from high temperature and metal joining techniques.

Engineering class combines the fields of science and math to solve real world problems that improve the world around us. What really distinguishes engineers is their ability to implement ideas in an effective and practical approach.

In September the Welding & Engineering Academy attended a field trip to Training Resources Limited (TRL), a professional Maritime training facility in engineering, firefighting, and electrical and damage control.